



Mentoring Plans – Required Information

- I. Name and contact info of mentor and mentee(s)

- II. Topics to be covered in mentoring relationship: (check all those that apply; you may also enter topics not listed)
 - Interdisciplinary careers: challenges/navigation
 - Formulating and implementing research agendas
 - Communicating research to nonacademic audiences
 - Creating partnerships with communities/policy organizations
 - Help with a specific project (e.g., grant application, publication)
 - Getting funded/grant-writing
 - Building a successful publication record
 - Creating and maintaining networks that support careers
 - Work-life balance
 - Navigating experiences with gender-related marginalization
 - Navigating experiences with racial/ethnic marginalization
 - Navigating experiences with marginalization based on sexuality
 - Navigating experiences with marginalization based on physical ability and/or other vulnerable statuses
 - Academic promotion and transitions
 - Balancing research and other professional commitments
 - Being a scientist in nonacademic settings and/or pursuing non-academic career paths
 - Transitioning into administrative roles
 - Prioritizing and productivity
 - Improving teaching
 - Improving mentoring of students or postdocs
 - Navigating thorny issues with bosses, peers, students

- III. What tangible goals do you want to achieve as a result of this mentoring relationship? (Mentee should draft and discuss with mentor on initial call).

- IV. Dates of Mentoring Relationship (should be consistent with goals; may be 3-12 months and can be renewed; take into account planned periodicity of contact)

- V. We plan to make contact: every month/ other _____

- VI. We expect each contact to last one hour/other _____

- VII. Method for contact: agree on how you want to connect – by phone, Zoom or Skype, email, or in person? Other?
- VIII. Date and time of next contact (consider time zones!)
- IX. (Optional but encouraged: List the dates and times for subsequent contacts (ideally for the entire duration of this agreement, if possible)
- X. Other agreements we have reached: (open-ended)